



Warren County Technical School
Department of Athletics
1500 NJ-57 Washington, NJ 07882
Telephone: (908) 689-0122
Fax: (908) 689-7699

Warren County Technical School Sports Medicine *EMERGENCY ACTION PLANS*

Jeff Tierney – Athletic Director
Nikki Appezzato – Athletic Trainer

In the event of a tragic injury or illness occurring during an athletic competition or practice please use the following Emergency Action Plan as your guide. This plan should be reviewed prior to the start of your season so that it may be efficiently applied in the event of an emergency.

Attached you will find the Emergency Action Plan(s) and Call Lists for Warren County Technical School Athletic Venues. In addition each coach will have a copy of his or hers Emergency Action Plan.

- 1- Phone Call Lists
- 2- Warren County Technical School Soccer Field (Boys/ Girls)
- 3- Warren County Technical School Baseball Field
- 4- Warren County Technical School Softball Field
- 5- Warren County Technical School Gymnasium (Basketball & Volleyball)
- 6- Warren County Technical School Cheerleading
- 7- Warren County Technical School Cross Country
- 8- Warren County Technical School Bowling Alley

Thank you,
Warren County Technical School Athletics Department



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Phone Call List

Emergency Phone Numbers

Ambulance/Fire/Police	911
St. Luke's Warren Campus Emergency (P-Burg)	(908) 859-6767
St. Luke's Clinton CareNOW	(908) 847-5272
Morristown Medical Center (Trauma Center)	(973) 971-5000
Hunterdon Medical Center	(908) 788 -6100
St. Luke's Regional Trauma Center (Bethlehem, PA)	(484) 526 -6400

Non-Emergency Phone Numbers

Washington Emergency Squad	(908) 689-0909
Franklin Township Fire & EMS	(908) 689-6909

Athletic Trainer:

Nikki Appezzato	Office: (908) 689-0122 Ext: 4496 Cell: (908) 884-9454
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Athletic Director:

Jeff Tierney	Office: (908) 689 - 0122 Ext: 4475 Cell: (908) 338 -7101
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Warren County Technical School Office:

Derrick Forsythe Principal	Main Office: (908)689-0122
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School Physician:

Dr. Huge Prentice MD Primary Care Physician	(908) 847-7060
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Team Physicians:

Dr. Nicholas Avallone Orthopedic Surgeon	(908) 847-8884
Dr. Brett Keller D.O. Sports Medicine/ Primary Care Orthopedic	(908) 847-8884



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General Guidelines

Emergency Call & Transportation Procedure

- 1. In the case of an emergency dial: 911**
 - a. Request an ambulance.**
 - b. Identify yourself, your location be as specific as possible, and a telephone number.**
 - c. Describe the nature of the injury. Using details such as any first-aid treatment given or being done.**
 - d. Inform the dispatcher with any other information requested.**
 - e. WAIT FOR THE DISPATCHER TO HANG UP FIRST! NEVER HANG UP FIRST!**
 - 2. Have someone wait for the ambulance at the entrance of the venue to help lead the ambulance crew to the injured individual.**
 - 3. Call a staff Athletic Trainer or medical professional ASAP!**
- An assistant coach or Warren County Technical School representative will accompany injured or ill student athlete to hospital.**



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Boys & Girls Soccer

Address to Warren County Technical School Soccer Field:

1500 NJ – 57 Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located in the Athletic Trainer room or with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
 - a. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

1. Immediate care of the injured or ill student – athlete.
 2. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel calls 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the WCTS soccer field, ambulance and other emergency personnel can easily gain access to an injured soccer player though two main entrances located off NJ-57.
 - Ambulance access to field via NJ – 57 and turning into the school. The soccer field is located directly behind the school building. Below are aerial and street view images from Google maps.



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Warren County Technical School Soccer Field

Entrance

Soccer Field



Entrance

Soccer Field



Entrance



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Baseball Field

Address to Warren County Technical School Baseball Field:

1500 NJ – 57 Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located in the Athletic Trainer room or with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

6. Immediate care of the injured or ill student-athlete
7. Emergency equipment retrieval
8. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
9. Provide directions for the EMS:
 - a. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
10. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

3. Immediate care of the injured or ill student – athlete.
 4. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel calls 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School baseball field, ambulance and other emergency personnel can easily gain access to an injured baseball player through two main entrances located off NJ-57.
 - Ambulance access to baseball field via NJ – 57 and turning into the school. The baseball field is located directly behind the school building. Below are aerial and street view images from Google maps.



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Warren County Technical School Baseball Field

Entrance



Entrance



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Softball Field

Address to Warren County Technical School Softball Field:

1500 NJ – 57 Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located in the Athletic Trainer room or with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

11. Immediate care of the injured or ill student-athlete
12. Emergency equipment retrieval
13. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
14. Provide directions for the EMS:
 - a. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
15. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

5. Immediate care of the injured or ill student – athlete.
 6. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel calls 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School baseball field, ambulance and other emergency personnel can easily gain access to an injured softball player though two main entrances located off NJ-57.
 - The Warren County Technical School softball field is most easily accessed by following the street off of NJ-57 next to the Warren County Community College towards the Warren County Department of Public Safety. (Pictures below)

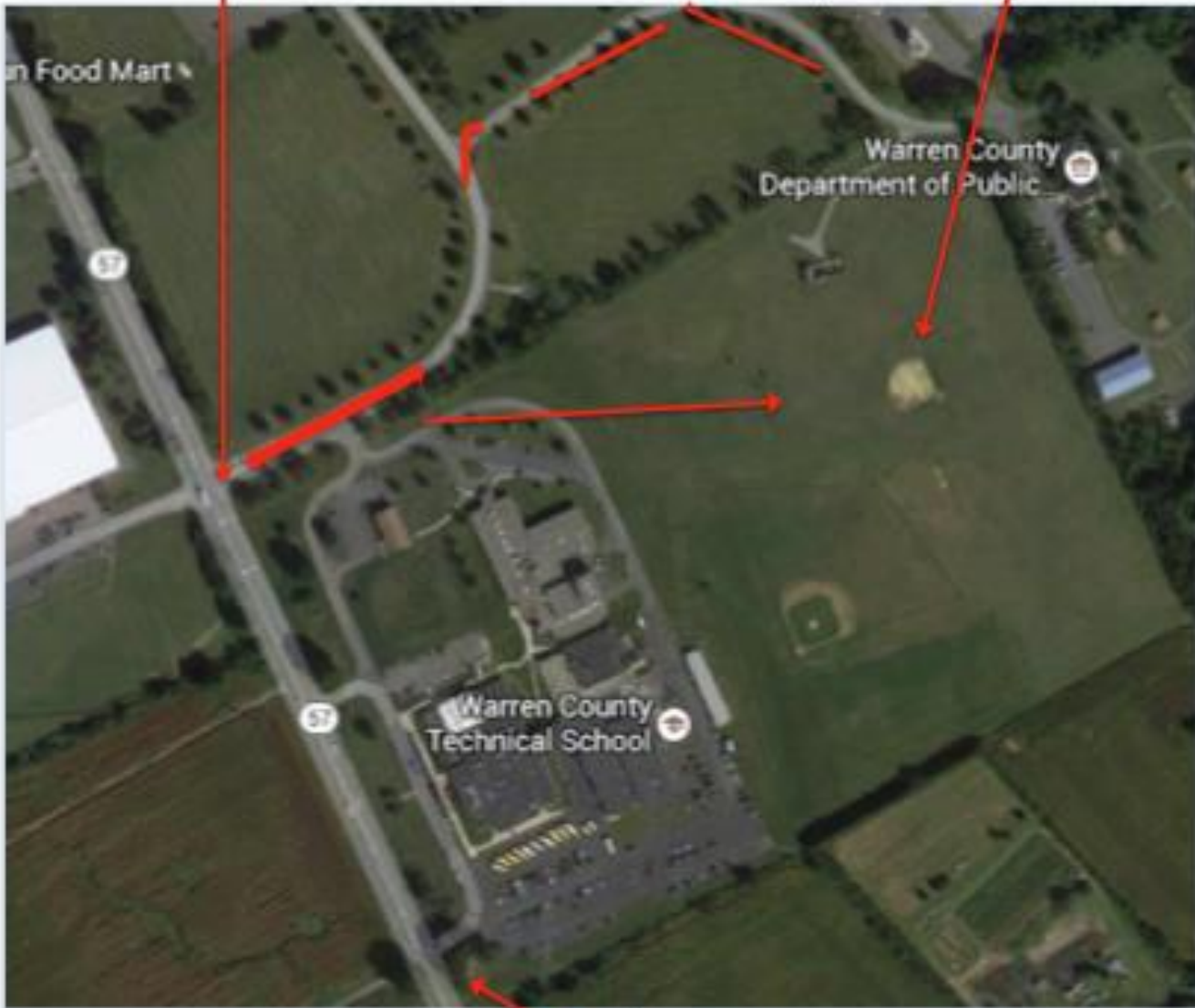


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Warren County Technical School Softball Field

Street headed towards Warren County
Public Safety

Softball Field



Entrance



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Basketball/Volleyball: Gymnasium

Address to Warren County Technical School Gym Field:

1500 NJ – 57 Washington, NJ 07882

The easiest way to access the gym is through the back entrance across from the dumpster, entering directly into the gym.

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located in the Athletic Trainer room or with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

16. Immediate care of the injured or ill student-athlete
17. Emergency equipment retrieval
18. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
19. Provide directions for the EMS:
 - a. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
20. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

7. Immediate care of the injured or ill student – athlete.
 8. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel calls 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School basketball court, ambulance and other emergency personnel can easily gain access to an injured athlete though two main entrances located off NJ-57.



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Warren County Technical School Gymnasium Basketball, Volleyball, and Cheerleading



Back Entrance into the
WCTS Gymnasium





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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Gymnasium/Cafeteria: Cheerleading

Address to Warren County Technical School Cafeteria/Gym:

1500 NJ – 57 Washington, NJ 07882

- The easiest way to access the cafeteria is through the main entrance of the high school. The easiest way to access the gym is through the back entrance across from the dumpster, entering directly into the gym.

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located in the Athletic Trainer room or with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

21. Immediate care of the injured or ill student-athlete
22. Emergency equipment retrieval
23. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
24. Provide directions for the EMS:
 - a. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
25. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

9. Immediate care of the injured or ill student – athlete.
 10. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel calls 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School basketball court, ambulance and other emergency personnel can easily gain access to an injured athlete though two main entrances located off NJ-57.



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Warren County Technical School Cheerleading Practice

School Main Entrance



Cafeteria



School Main Entrance



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Cross Country Practice

Address to Warren County Technical School Cross Country:

1500 NJ – 57 Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located in the Athletic Trainer room or with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

26. Immediate care of the injured or ill student-athlete
27. Emergency equipment retrieval
28. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
29. Provide directions for the EMS:
 - a. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
30. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

11. Immediate care of the injured or ill student – athlete.
 12. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel calls 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise during Warren County Technical School cross country practice ambulance and other emergency personnel can easily gain access to an injured athlete though two main entrances located off NJ-57.

Depending on which direction you're coming from on NJ-57 you either make a left or right turn onto the campus. Cross Country warm-ups and leaves there stuff near the home side benches on the baseball field. Cross Country uses the entire WCTS campus for practice it will be the responsibility of the coach to keep his/her cell phone on him/her at all times during practice incase an athlete goes down. In addition, it will be the responsibility of the Cross Country Coach to direct the ambulance to the fallen athlete.



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Bowling Practice / Home Matches

Bowling practices and home matches are held off campus at Oak Wood Lanes.

Address to Oak Wood Lanes
234 NJ – 31, Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on call for bowling practices and home matches.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) located with the coach.

Role of First Responder when an Athletic Trainer is present:

31. Immediate care of the injured or ill student-athlete
32. Emergency equipment retrieval
33. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
34. Provide directions for the EMS:
 - a. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
35. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

13. Immediate care of the injured or ill student – athlete.
14. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel calls 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!