

**ATHLETICS
EMERGENCY ACTION PLAN**





Warren County Technical School
Department of Athletics
1500 NJ-57 Washington, NJ 07882
Telephone: (908) 689-0122
Fax: (908) 689-7699

Warren County Technical School Sports Medicine

EMERGENCY ACTION PLAN(S)

Jeff Tierney – Athletic Director
David Nicholosl – Athletic Trainer

In the event of a tragic injury or illness occurring during an athletic competition or practice, please use the following Emergency Action Plan as your guide. This plan should be reviewed prior to the start of your season so that it may be efficiently applied in the event of an emergency.

Attached you will find the Emergency Action Plan(s) and Call Lists for Warren County Technical School Athletic Venues. In addition each coach will have a copy of his or hers Emergency Action Plan.

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Warren County Technical School Cross Country
Bowling Alley - Oakwood Lanes, 234 NJ-31, Washington, NJ 07882
Warren County Technical School Fitness Center
Warren County Technical School Cheerleading
Warren County Technical School Archery (*coming soon*)



Warren County Technical School
Department of Athletics
1500 NJ-57 Washington, NJ 07882
Telephone: (908) 689-0122
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Warren County Technical School Athletics Department

Phone Call List

Emergency Phone Numbers

Ambulance/Fire/Police	911
St. Luke's Warren Campus Emergency (P-Burg)	(866) 785-8537
St. Luke's Clinton CareNOW	(908) 847-1035
Morristown Medical Center (Trauma Center)	(973) 971-5000
Hunterdon Medical Center	(908) 788 -6100
St. Luke's Regional Trauma Center (Bethlehem, PA)	(484) 526 -6400

Non-Emergency Phone Numbers

Washington Emergency Squad	(908) 689-0909
Franklin Township Fire & EMS	(908) 689-6909

Athletic Trainer:	(908) 689-6909
David Nicholson, Office:	(908) 689-0122 Ext: 4496 Cell: (862) 296-9694

Athletic Director:

Jeff Tierney	Office: (908) 689 - 0122 Ext: 4475 Work Cell: (863)432-7890 Personal Cell: (908) 338 -7101 * <i>(*For Emergencies)</i>
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Warren County Technical School Office:

Diana Mai, Principal	Main Office: (908)689-0122
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School Physician:

Dr. Brett Keller D.O. Primary Care Physician	(908) 847-8884
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Team Physicians:

Dr. Brett Keller	(908) 847-8884
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Orthopedic Surgeon



Warren County Technical School
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1500 NJ-57 Washington, NJ 07882
Telephone: (908) 689-0122
Fax: (908) 689-7699

Dr. Brett Keller D.O.
Sports Medicine/ Primary Care Orthopedic

(908) 847-8884

Emergency Call & Transportation Procedure

- 1. In the case of an emergency dial: 911**
 - a. Request an ambulance.**
 - b. Identify yourself, your location, and a telephone number; be as specific as possible.**
 - c. Describe the nature of the injury. Using details such as any first-aid treatment given or being done.**
 - d. Inform the dispatcher with any other information requested.**
 - e. WAIT FOR THE DISPATCHER TO HANG UP FIRST! NEVER HANG UP FIRST!**
- 2. Have an assistant coach, parent, or student wait for the ambulance at the entrance of the venue to help lead the ambulance crew to the injured individual.**
- 3. Call the Athletic Trainer or medical professional ASAP!**

A coach for Warren County Technical School representative will accompany injured or ill student athletes to hospital.



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Boys & Girls Soccer

Address to Warren County Technical School Soccer Field:
1500 NJ – 57 Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on site for all games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone and contact the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
 - c. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

1. Immediate care of the injured or ill student – athlete.
 2. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel call 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the WCTS soccer field, ambulance and other emergency personnel can easily gain access to an injured soccer player though two main entrances located off NJ-57.
 - Ambulance access to the field via NJ – 57 and turning into the school. The soccer field is located directly behind the school building. Below are aerial and street view images from Google maps.



Warren County Technical School
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Warren County Technical School Soccer Field

Soccer Field



Entrance



Entrance



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Baseball Field

Address to Warren County Technical School Baseball Field:

1500 NJ – 57 Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
 - c. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

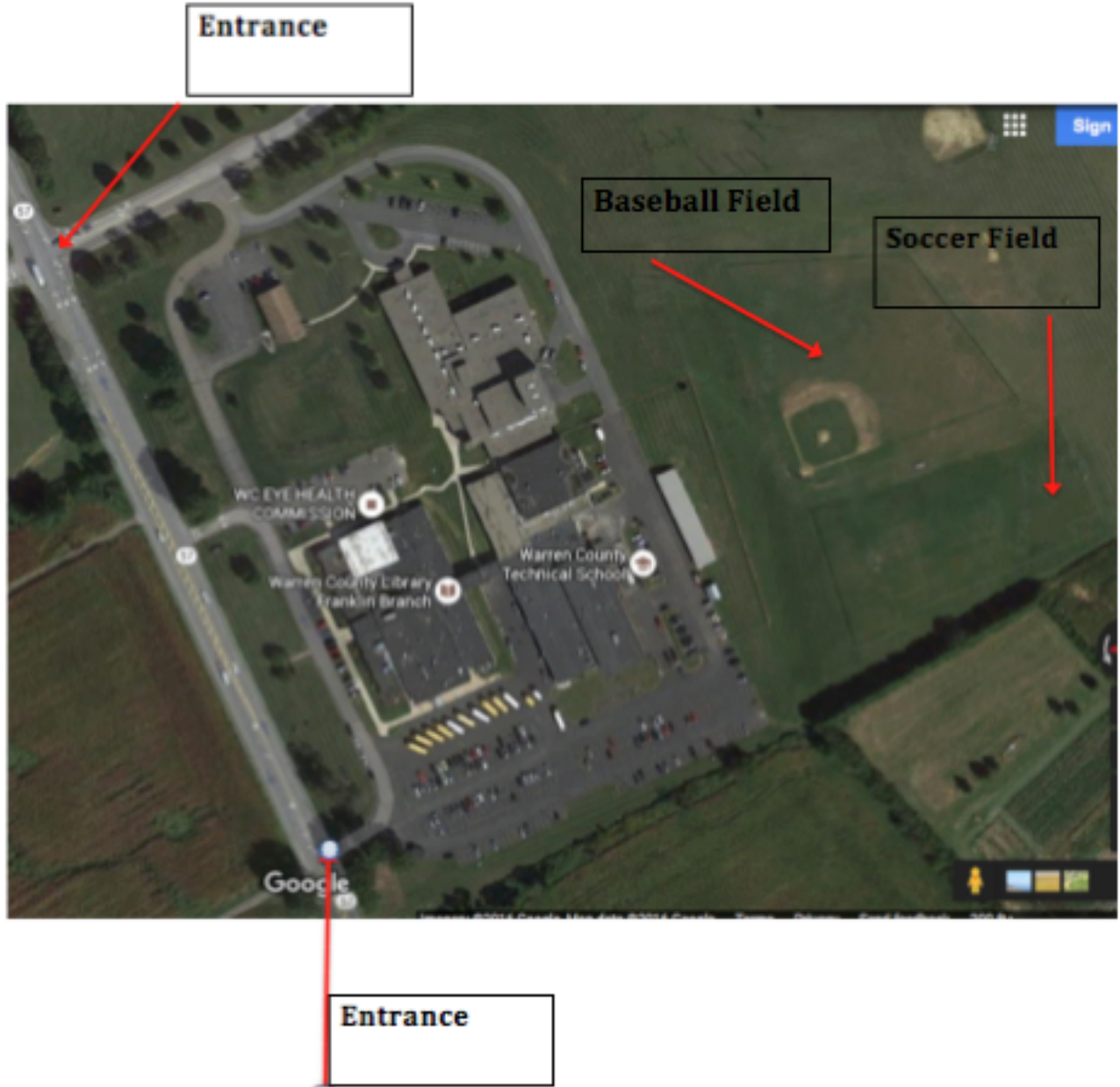
Role of First Responder when an Athletic Trainer is NOT Present:

1. Immediate care of the injured or ill student – athlete.
 2. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel call 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School baseball field, ambulance and other emergency personnel can easily gain access to an injured baseball player though two main entrances located off NJ-57.
 - Ambulance access to the baseball field via NJ – 57 and turning into the school. The baseball field is located directly behind the school building. Below are aerial and street view images from Google maps.



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Warren County Technical School Baseball Field





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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Softball Field

Address to Warren County Technical School Softball Field:

1500 NJ – 57 Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
 - c. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

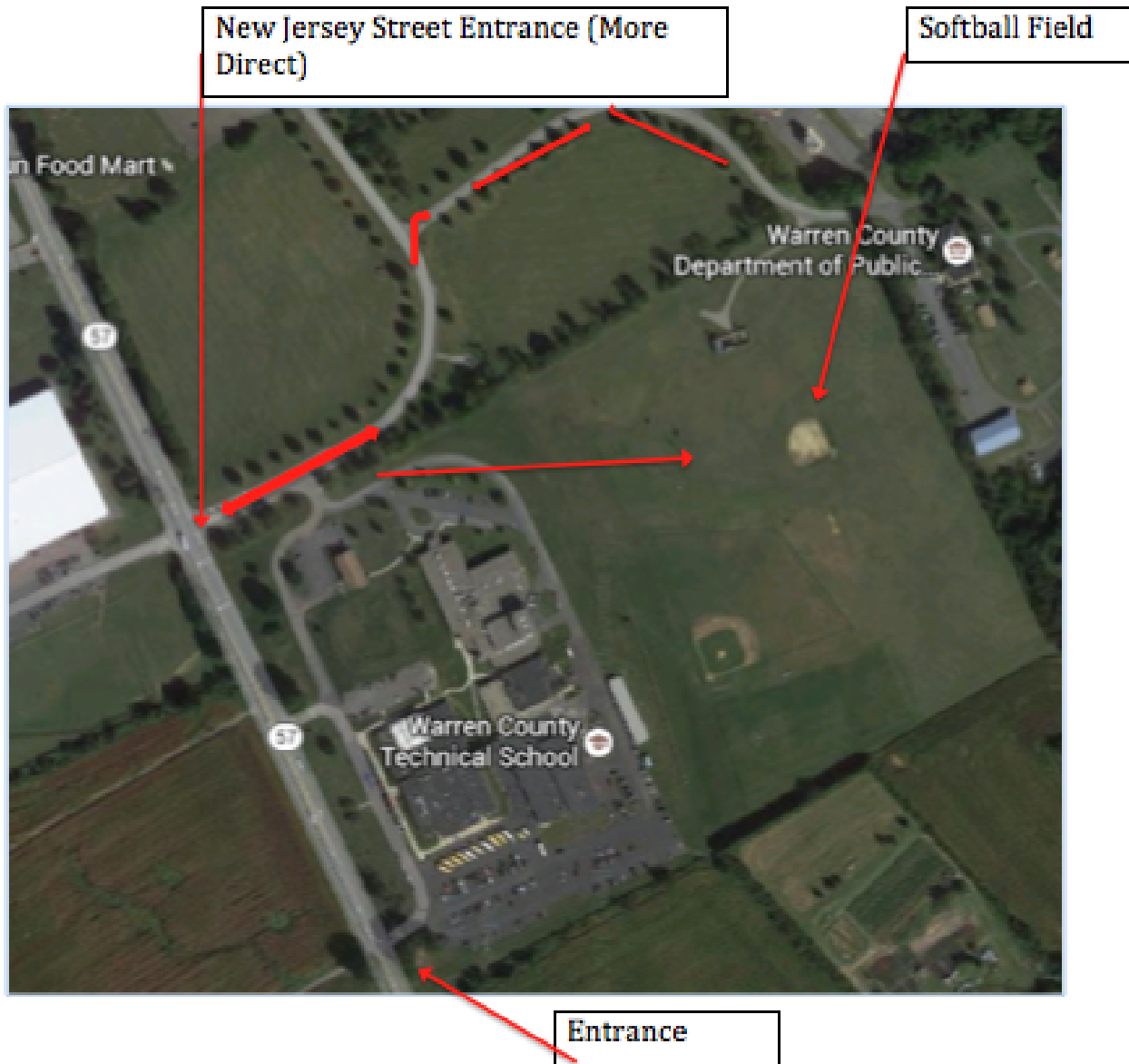
1. Immediate care of the injured or ill student – athlete.
 2. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel call 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School baseball field, ambulance and other emergency personnel can easily gain access to an injured softball player though two main entrances located off NJ-57.
 - The Warren County Technical School softball field is most easily accessed by following the street off of NJ-57 next to the Warren County Community College towards the Warren County Department of Public Safety. (Pictures below)



Warren County Technical School
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Warren County Technical School Softball Field

Street headed towards Warren County
Public Safety





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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Basketball: Gymnasium

Address to Warren County Technical School Gym Field:

1500 NJ – 57 Washington, NJ 07882

The easiest way to access the gym is through the main school entrance at the front of the building. The back of the school is closed off with security gates.

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

- d. Immediate care of the injured or ill student-athlete
 - e. Emergency equipment retrieval
 - f. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
- c. Designate an individual to “flag down” EMS at the main entrance. This individual should open the main entrance doors and direct EMS to the scene. Ideally this should be an assistant coach. If an assistant coach is not available, direct another staff member, parent or student to complete this task.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

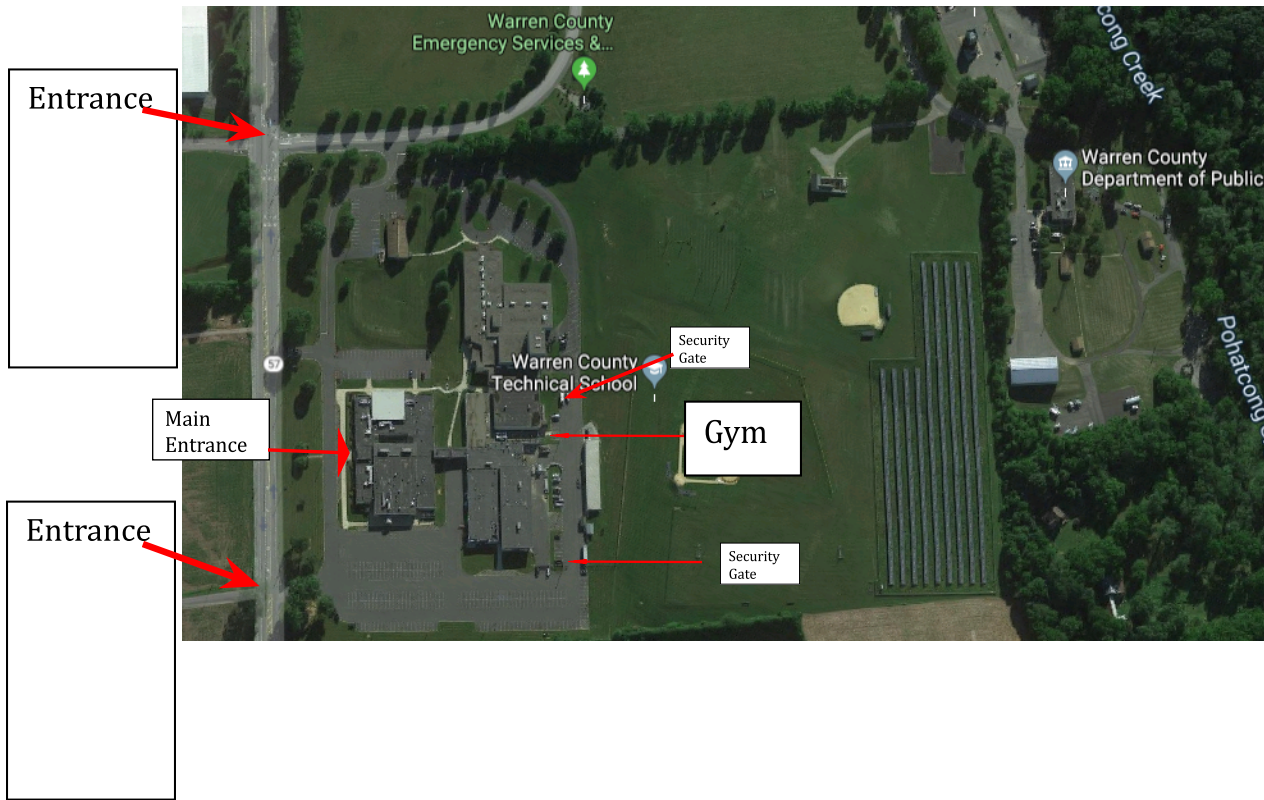
Role of First Responder when an Athletic Trainer is NOT Present:

1. Immediate care of the injured or ill student – athlete.
 2. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel call 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School basketball court, ambulance and other emergency personnel can easily gain access to an injured athlete though two main entrances located off NJ-57.

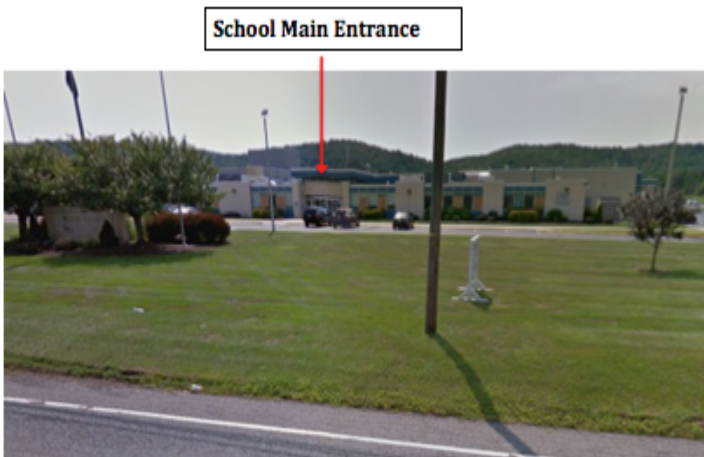


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Warren County Technical School Gymnasium: Basketball



Main Entrance into
Warren Tech





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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

School Cafeteria

Address to Warren County Technical School Cafeteria:
1500 NJ – 57 Washington, NJ 07882

- The easiest way to access the cafeteria is through the main entrance of the high school. The easiest way to access the gym is through the back entrance across from the dumpster, entering directly into the gym.

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
 - a. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

1. Immediate care of the injured or ill student – athlete.
 2. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel call 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School basketball court, ambulance and other emergency personnel can easily gain access to an injured athlete through two main entrances located off NJ-57.



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

School Cafeteria

Once entering the main entrance, walk straight through the doors in front of you and you will now be entering the school cafeteria.

School Main Entrance





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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Cross Country Course

Address to Warren County Technical School Cross Country:

1500 NJ – 57 Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located with the Athletic Trainer on site.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
 - c. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

1. Immediate care of the injured or ill student – athlete.
 2. Activation of emergency medical system (EMS).
 - a. Coach or designated personnel call 911.
 - b. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - c. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise during Warren County Technical School cross country practice, ambulance and other emergency personnel can easily gain access to an injured athlete through two main entrances located off NJ-57.

Depending on which direction you’re coming from on NJ-57 you either make a left or right turn onto the campus. Cross Country warm-ups and leaves their stuff near the home side benches on the baseball field. Cross Country uses the entire WCTS campus for practice. It will be the responsibility of the coach to keep his/her cell phone on him/her at all times during practice in case an athlete experiences an issue. In addition, it will be the responsibility of the Cross Country Coach to direct the ambulance to the fallen athlete.



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Bowling Practice / Home Matches

Bowling practices and home matches are held off campus at Oak Wood Lanes.

Address to Oak Wood Lanes
234 NJ - 31, Washington, NJ 07882

EMERGENCY PERSONNEL: Certified athletic trainer on call for bowling practices and home matches.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) located with the coach.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
 - c. Designate an individual to "flag down" EMS at the entrance to direct EMS to the scene.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

1. Immediate care of the injured or ill student - athlete.
2. Activation of emergency medical system (EMS).
3. Coach or designated personnel call 911.
4. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
5. ALWAYS be the last one to hang up, NEVER hang up on the EMS!



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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Fitness Center

Address to Warren County Technical School Gym Field:

1500 NJ – 57 Washington, NJ 07882

The easiest way to access the Fitness Center is through the Board of Education entrance at the east end of the building (parking lot closets to Warren County Community College).

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located with the Athletic Trainer on site and at various locations around the building, all are clearly marked.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - a. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - b. ALWAYS be the last one to hang up, NEVER hang up on the EMS! Provide directions for the EMS:
 - c. Designate an individual to “flag down” EMS at the Board Office entrance. This individual should open the doors and direct EMS to the scene. Ideally this should be an assistant coach. If an assistant coach is not available, direct another staff member, parent or student to complete this task.

Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

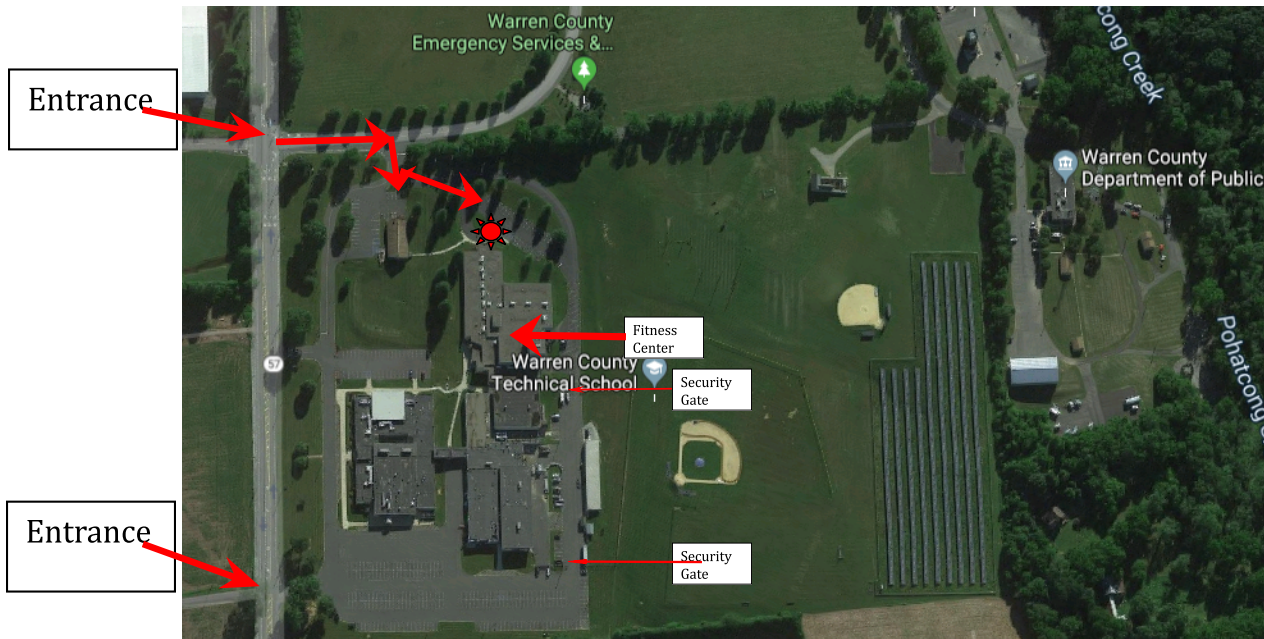
Role of First Responder when an Athletic Trainer is NOT Present:

3. Immediate care of the injured or ill student – athlete.
 4. Activation of emergency medical system (EMS).
 - d. Coach or designated personnel call 911.
 - e. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - f. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School fitness center, ambulance and other emergency personnel can easily gain access to an injured athlete through two main entrances located off NJ-57.



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Warren County Technical School Gymnasium: Basketball





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WARREN COUNTY TECHNICAL SCHOOL EMERGENCY ACTION PLAN

Cheerleading

(Cafeteria for Practices, Gym for Game Day)

Address to Warren County Technical School Cafeteria:

1500 NJ – 57 Washington, NJ 07882

- The easiest way to access the cafeteria is through the main entrance of the high school. The easiest way to access the gym is through the back entrance across from the dumpster, entering directly into the gym.

EMERGENCY PERSONNEL: Certified athletic trainer on site for games and practices.

EMERGENCY COMMUNICATIONS: In a true medical emergency dial 911 using the closest phone along with contacting the athletic trainer.

EMERGENCY EQUIPMENT: AED (Automated External Defibrillator) and splint bag located with the Athletic Trainer on site and in hallway outside of gym.

Role of First Responder when an Athletic Trainer is present:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical system (EMS) call 911
 - c. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - d. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
4. Provide directions for the EMS:
 - b. Designate an individual to “flag down” EMS at the entrance to direct EMS to the scene.
5. Scene control: Limit the scene to the first aid providers and move coaches, athletes, and bystanders away from the area.

Role of First Responder when an Athletic Trainer is NOT Present:

1. Immediate care of the injured or ill student – athlete.
 2. Activation of emergency medical system (EMS).
 - d. Coach or designated personnel call 911.
 - e. When calling 911 be sure to provide your name, location, telephone number, nature of injury, First-Aid treatment given, and any other information requested by the EMS.
 - f. ALWAYS be the last one to hang up, NEVER hang up on the EMS!
- If an emergency should arise on the Warren County Technical School basketball court, ambulance and other emergency personnel can easily gain access to an injured athlete though two main entrances located off NJ-57.



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